



# BRYN WYTHNOS HYN

The official newsletter for Bryn Celynnog Comprehensive School

## MMA is A OK for PEP

I was pleased to see MMA added to the Pupil Engagement Programme because I have been training with The MAT Academy Wales for over 18 months. The MAT Academy Wales includes MMA, BJJ, Muay Thai, Wrestling and many more. Wayne Samways has been visiting the to school once a week to train a group of year 10 students.

I personally have found MMA to be a fantastic way to improve my physical fitness and mental wellbeing, and it helps improve my focus, concentration and mental clarity. I love the fact that anyone can do the sport. I had reduced flexibility and low body confidence when I first started, this sport has given me the boost to help my confidence and self worth grow. I like the skills we learn during the sessions because they can be used as part of the sport to participate in competitions, or used as self-defence.



different to any other sports. Over the last few weeks we have learned several skills, from pummelling, breaking and passing guards and submitting someone using triangle and Americana techniques. I have



found grappling helps with passive flexibility and more active training, like high kicks and stretches help with more active flexibility. My confidence continues to grow, and I feel physically and mentally fit and well. My functional strength increases as I continue to build and work on myself. If given the opportunity to experience this sport then I really recommend that you do. To keep up to date on the activities that Bryn students and families get to be involved in follow the @BrynTech on twitter.

Bailey, Year 10

Having talked to the other students we all agreed that the benefits of MMA training in school are great; you train with friends and other students and it feels





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## Year 7 Dancers

It is with great pleasure, that with thanks to [@StreetWiseDA](#), some year 7 girls have been able to do dance for the first time in a long time. Over the past few weeks they've learned 2 different routines. The pupils were very focused and they picked up the sequences very quickly. Things went so well they decided to join both routines together to make one big routine. With some more practice and dedication the year 7 girls will hopefully be taking part in a regional competition at some point in the new year in Cardiff. If the girls can stay focused and work hard, they stand a chance of doing very well and with fingers crossed they might win the competition. With the competition not far away, the girls are slightly nervous as this would be first time in 2 years that pupils this young have taken part in such a competition. With the backing from the school the year 7 girls could attend the event every year.



If you would like to contact us at Bryn This Week please email [kate.stock@bryncelynnog.org.uk](mailto:kate.stock@bryncelynnog.org.uk)



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## Blackout Poetry

This week, 9M2 have been producing 'blackout poetry' in English. We've been reading 'Private Peaceful' by Michael Morpugo in preparation for the 'Conflict' scheme of work in the spring term. Consequently, the theme for the poetry was war.

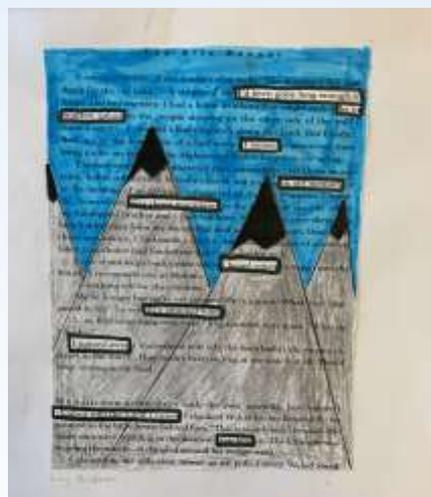
In order to create 'blackout poetry,' you need a variety of texts. I chose various novels that discuss war, for example 'The Tattooist of Auschwitz' by Heather Morris, 'The Kite Runner' by Khaled Hosseini and 'Birdsong' by Sebastian Faulks. The class then skim read a few different extracts, looking for words and phrases that stood out to them. Next, they recorded the various words and



images in their books, editing to make sense out of the separate lines. The result was a poem and no two were identical, even if they were formed from the same extract. The final task was to create an illustration on and around their poems and then to black out the rest of the text.

These are some of their fantastic creations:

Miss Howells





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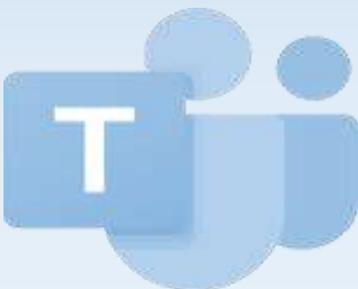
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All pupils at Bryn Celynnog have access to the latest Microsoft Office applications as well as other cloud-based services. Microsoft Office 365 is your Office in the cloud! It will allow you to create, collaborate, edit, communicate and save school work as well as homework on your online space.

You will be able to access work on a range of devices, including PCs, laptops, tablets and smart phones. Microsoft 365 can be accessed at home, in school or on the go, provided you have an internet connection. Students can access their 365 account with their school email via the link on the Bryn Celynnog Home page. [Login Web Page](#)



All students have been invited to a Microsoft Team for each of their subject areas. Teams is used primarily as a communication channel but will also house learning resources and allow teachers to set assignments and homework.



**Forms you can use to answer your homework quizzes and receive instant feedback. Develop surveys and quizzes of your own and share with your peers and teachers.**

Student email format:  
**username@bryncelynnog.org.uk**

Password is the same as the password used to access the school network.

For help accessing your 365 account please select the link [O365 Help](#)

Or contact Mrs K Stock at [Kate.stock@bryncelynnog.org.uk](mailto:Kate.stock@bryncelynnog.org.uk) if you have any further queries regarding Office 365.

Parental consent is required for students to access and use 365 applications.

Please do not forget to complete, sign and hand in a consent form to your form tutor or Mrs Stock.



# BRYN THIS WEEK



## ClassCharts

### Pupil Accounts

Pupils have been given access to their own account, which they will be able to log into via a computer/mobile phone app or by speaking with their Form Tutor.

Once a pupil has logged into their account they will be able to see their behaviour points and have access to the Reward Store, where they can purchase rewards online with the positive points they have collected.

### Rewards Store

Rewards are an acknowledgement of pupils' hard work and effort both in the classroom and around the school. There is a constant expectation that all pupils will be praised and rewarded. Pupils will be notified when they receive positive points by their classroom teacher and can monitor their score via the ClassCharts website or App. Positive points also link directly to the Rewards Store in ClassCharts. Pupils can purchase their chosen item from the app and collect it in school. The current list of available items is listed in the Rewards Store.

### Parent Account

Every child has a unique access code, please use this code to create an account by going to the website below:

<https://www.classcharts.com/parent/login>

or alternatively you can search your app store to download the ClassCharts app free of charge. Once on the ClassCharts website/app we advise that you listen to the short tutorial to assist you in logging in. If you have more than one child at Bryn Celynnog you can use the plus sign in the top right hand corner with the additional access codes you have received.

If you have any queries please contact Miss Jacobs on

[Hayley.Jacobs@bryncelynnog.org.uk](mailto:Hayley.Jacobs@bryncelynnog.org.uk)



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## ClassCharts Behaviour Management

We have a very clear behaviour management system in place, which your child should already be aware of. Members of staff follow this system to deal with poor behaviour in lessons to ensure effective learning is able to take place. A range of consequences and sanctions are in place for pupils who do not uphold our simple and achievable expectations:

- D1** - This is issued to a pupil when a member of staff has to speak to them regarding their behaviour in lesson. The pupil is told that they are now on a D1.
- D2** - This is issued when a pupil has been moved to a new seat due to persistent poor behaviour. This is the second time a teacher has had to speak to a pupil during the lesson.
- D3** - This is issued when a pupil has had to be spoken to for the third time about their behaviour. This may be issued if a pupil is consistently disrupting the class/not following instructions or continued poor behaviour. When a D3 is issued the Head of Faculty will remove the pupil from the lesson.
- D4** - Pupils who proceed through sanctions D1 – D3 and fail with the Head of Faculty intervention are sent to the D4L room and issued a D4.

### **Removal to Discipline for Learning (D4L) room will be immediate for:-**

- Serious behaviour out of lessons
- Verbal abuse
- Behaviour towards others which is considered dangerous
- Damage to, or theft of, school property or that of others.



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## Extra Curricular Activities

We now seem to be enjoying a relatively stable time though Covid-19 is still with us. As we move toward a fuller provision here at Bryn Celynnog we are very pleased to be able to publish a timetable of extra-curricular activities that our students can enjoy under the current set of regulations.

Be assured that all our activities are carried out in line with the Welsh Assembly guidelines and follow the National Governing Body regulations also. We are committed to providing safe and exciting opportunities for our students whenever we can and look forward to the times when we can once again operate without restrictions.

Day	After school 3 -4:15pm	Staff	Venue
Monday	Year 7 Netball	Miss Birch-Hurst	Sports Hall
	Year 7 Football	Mr S Mines & Mr Waters	3G Pitch
Tuesday	Year 7 Rugby	Mr J Stock & Mr Howells	3G Pitch/Field
	Year 8 Netball	Miss Birch-Hurst	Sports Hall
	Year 8 Football	Mr S Mines	3G Pitch
Wednesday	Computer Science	Mrs K Stock	M13
	Year 7 Basketball	Miss Birch-Hurst	Sports Hall
	Year 7 & 8 Girls Rugby	Mr Gallagher	Field
	Year 9 Football	Mr S Mines	3G Pitch
Thursday	Senior Rugby	Mr J Stock	Field
	Year 7 & 8 Girls Football	Mr Varrall	3G Pitch
	Year 8 Basketball	Miss Birch-Hurst	Gym
Friday	Year 8 Rugby	Mr S Mines	Field
	Year 8 Touch Rugby	Mr S Mines	Sports Hall

UP COMING EVENTS	
Date	Event
Friday 17th December	Christmas Jumper Day Virtual Christmas Festival Last Day of Term

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